

## I am at home because my kids cannot go to school or daycare. I need money to make ends meet.

### Make sure you're getting your Canada Child Benefit

In May, the federal government will **automatically** pay a lump sum top-up to your Canada Child Benefit (CCB).\*

Step 1: Check your bank account to make sure that you're getting CCB.

If yes – you're all set. You'll be getting an extra payment with your CCB in May.

If no - Did you file a tax return for 2018?

Yes - If you have a computer or a mobile phone, you can also check to see if you are getting the benefit or

Apply to get the benefit here: <https://www.canada.ca/en/revenue-agency/services/e-services/e-services-individuals/account-individuals.html>

No – Step 2: You need to file a tax return ASAP and then apply.

If you can file a return by yourself using a computer, look for free software certified by the Canada Revenue Agency:

<https://www.canada.ca/en/revenue-agency/services/e-services/e-services-individuals/netfile-overview/certified-software-netfile-program.html>

After you file your return, if you still have computer or mobile access, apply for the CCB online at: <https://www.canada.ca/en/revenue-agency/services/e-services/e-services-individuals/account-individuals.html>

If you need help to file your taxes, the agencies that do free income tax clinics are working to find ways to help without breaking public health orders on COVID-19. You can try contacting a clinic near you by searching online at: [https://apps.cra-arc.gc.ca/ebci/oecv/external/prot/cli\\_srch\\_01\\_ld.action](https://apps.cra-arc.gc.ca/ebci/oecv/external/prot/cli_srch_01_ld.action) or call 1-800-O-Canada (1-800-622-6232)

**DO NOT GO TO A SERVICE CANADA OFFICE IF YOU ARE ILL OR IN SELF-ISOLATION**

#### Important to know:

You can prove your identity faster online for tax-filing and applications for the CCB if you use online banking through your bank or credit union.

Check the labour rules on job protection for your province or federally (if you work in banking, transportation, telecommunications or other federally regulated industries). \*\*SEE LINKS ON THE LAST PAGE

You can ask your employer if they offer paid family leave or are considering the new federal wage subsidy to keep you on the payroll. Your employer can find out about that subsidy here: <https://www.canada.ca/en/department-finance/news/2020/03/canadas-covid-19-economic-response-plan-support-for-canadians-and-businesses.html>

What you could receive:

Up to \$550 per month per child plus provincial amounts.\*\*

Find out more:

<https://www.canada.ca/en/services/benefits/ei/caregiving/apply.html>

### If you aren't eligible for Employment Insurance, you might get the Emergency Care Benefit.

Step 1: Get ready to apply

If you can apply online (computer or mobile phone) go to and make sure you have a MyAccount with the Canada Revenue Agency:

<https://www.canada.ca/en/revenue-agency/services/e-services/e-services-individuals/account-individuals.html>

If you can't apply online, there will be a dedicated 1-800 number you can call. Keep listening to the news or, in early April, call 1-800-O-Canada (1-800-622-6232).

**DO NOT GO TO A SERVICE CANADA OFFICE IF YOU ARE ILL OR IN SELF-ISOLATION**

#### Important to know:

You DO NOT need a doctor's note for COVID-19.

You can prove your identity faster online if you use online banking through your bank or credit union.

Check the labour rules on job protection for your province or federally (if you work in banking, transportation, telecommunications or other federally regulated industries). \*\*SEE LINKS ON THE LAST PAGE

If you have an employer, you can ask them if they offer paid family leave, will top-up the new benefit or will use the new federal wage subsidy to keep you on the payroll. Your employer can find out about that subsidy here:

<https://www.canada.ca/en/department-finance/news/2020/03/canadas-covid-19-economic-response-plan-support-for-canadians-and-businesses.html>

What you could receive:

15 weeks of payments (directly into your bank account) worth up to \$450 per week, but stay tuned for more details.\*

More information coming soon.\*

\*\*The exact amount depends on which province or territory you live in and how many children you have. If you have access to a computer or mobile phone, use this online calculator to find out the amount for your family:

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/child-family-benefits-calculator.html>

\*We don't know the exact details yet because Parliament has to pass a new law to make this possible.